

Merriam Park NEIGHBORS FOR PEACE

FOR IMMEDIATE RELEASE

Merriam Park Neighbors for Peace to Present Nonviolent Communication Trainer Susan Skye

St. Paul, MN – April 14, 2003 – On Tuesday, April 22, 2003, at 7:00 p.m., Merriam Park Neighbors for Peace will host a presentation by Twin Cities resident and nonviolent communication trainer, Susan Skye. The event, *Nonviolent Communication: Maintaining Peace on the Home Front in a Time of War*, will be held at St. Mark's School (corner of Dayton and Prior Avenues, St. Paul) in the cafeteria, and is free and open to the public.

Like many activists opposed to the war in Iraq, members of Merriam Park Neighbors for Peace have experienced hostility by proponents of the war, who often appear at marches, vigils, and other peace activities to counter-demonstrate. Several members of the group recently had their "Say NO to War with Iraq" lawn signs stolen or vandalized. In an effort to facilitate positive communication with war proponents, the group turned to Skye. "We want to be able to discuss our position with the other side in a peaceful, civilized manner," says Merriam Park Neighbors for Peace co-founder, Anne Benson. "The last thing we want is another 'war' on the home front."

Skye is affiliated with the Center for Nonviolent Communication (www.cnvc.org), a global organization whose vision is a world where everyone's needs are met peacefully. CNVC facilitates the creation of life-serving systems by teaching the process of NVC (Nonviolent Communication), which strengthens the ability of people to compassionately connect with themselves and one another, share resources, and resolve conflicts.

Since 1976, Skye has developed and led trainings in a variety of self-development areas. In addition, Skye has a private consulting and coaching practice. She has been a certified trainer for the CNVC since 1994 and is currently the CNVC Certification Coordinator for North and South America.

For further information about the April 22, 2003, Nonviolent Communication presentation sponsored by Merriam Park Neighbors for Peace, please visit the group's web site at www.mppeace.org or contact:

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For further information about a two-day NVC training event, *Breaking Through Communication Barriers: Resolving Conflict Through Connection*, to be presented by Susan Skye in the Twin Cities on April 26 and 27, 2003, please visit the Twin Cities Nonviolent Communication web site at www.tcnvc.org or contact Susan Skye before April 15 or after April 20:

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Nonviolent Communication:

Maintaining Peace on the Home Front in a Time of War

Tuesday, April 22, 2003 · 7:00 p.m.
Cafeteria, St. Mark's School
1983 Dayton Avenue, St. Paul



Many activists opposed to the war on Iraq have experienced hostility by proponents of the war, who often appear at marches, vigils, and other peace activities to counter-demonstrate.



In an effort to facilitate positive, productive communication with war proponents, Merriam Park Neighbors for Peace is sponsoring a presentation by Susan Skye from the Center for Nonviolent Communication (CNVC).

The CNVC's Nonviolent Communication method teaches people to speak in a way that does not trigger defensiveness and hostility. Instead, it uses a language from the heart that addresses feelings and needs, rather than a language from the head that destroys connection through hurtful analysis, diagnosis, and criticism. Using Nonviolent Communication, you can learn how to transform potential conflicts into peaceful dialogues.

Please join us if you'd like to learn how to avoid war on the home front!

For more information on this event, please visit the Merriam Park Neighbors for Peace web site at www.mppeace.org, e-mail nvc@mppeace.org, or call Susan Damon at (651) 645-7709. For more information on Nonviolent Communication and Susan Skye, visit www.cnvc.org or www.tcnvc.org.